

Get ready for the Great American Smokeout by enrolling in the Quit For Life® Program this November.

- ➤ Work 1-on-1 with a Quit Coach® over the phone.
- Enjoy tips, advice and encouragement that can make it easier to quit.

Enroll in November 2021 & complete five calls with a quit coach by January 1, 2022 to EARN a \$20 Amazon Gift Card.

- Get nicotine patches or gum, if you qualify.
- Join the program at no additional cost.*



1-866-QUIT-4-LIFE

Learn more at quitnow.net